



# His STORY

## Icebreaker:

“What’s something small you’d go all-out pleading your case for, even if it’s not that serious?” (ex. How to properly load the dishwasher? Sound machine vs Silence at night?)

### Discussion:

**1. Over Our Hearts and Minds - Phil 4:7, 1 John 1:7**

Why do you think spiritual battles often begin in the mind?  
What does it mean for God’s peace to guard your heart and mind?

**2. Over Our Homes and Family - Isaiah 54:13 ESV**

What would it look like for God’s presence to truly dwell in your home?  
How can you intentionally pray for and spiritually protect your family?  
What does it mean for your children (or future generations) to be “taught by the Lord”?

**3. Over Temptations and Spiritual Battles – Revelation 12:11**

What are some common temptations or battles where you need to stand in the victory of Jesus?  
How can speaking truth out loud (your testimony) help in spiritual battles?

**4. Over Past Sin and Guilt - Ephesians 1:7**

Why is it sometimes hard to let go of past sin, even after asking for forgiveness?  
How does Letter to the Ephesians 1:7 reshape the way you view your past?  
What would it look like to truly live free from guilt and accusation?

**5. Over Forgiveness and Salvation - Matthew 26:28**

What does it mean that Jesus’ blood is part of a “new covenant” (Matthew 26:28)?  
Have you personally experienced the forgiveness of sins through Jesus? If so, how has that changed your life?  
How would you explain to someone how the sacrifice of Jesus becomes personal for them?

MARCH

22

Moses  
Pleading the  
Blood

Exodus 12



### REFLECTION:

To “plead the blood” is not about a phrase or ritual. It’s about placing full trust in what Jesus already accomplished. It’s a declaration: *“I belong to Him. His sacrifice speaks over my life.”*

- His blood washes over our past
- His blood reaches into our minds
- His blood covers our homes and families
- His blood gives us victory
- His blood secures our salvation

### Deeper Dive:

1. List some practical ways you can “plead the blood” over your thoughts during the week?
2. Identify an area in your life where you need to intentionally apply the blood of Jesus—your mind, your home, a battle, or your past? Where is God asking you to trust Him before you see the outcome?