



SEEK

21 DAYS OF
PRAYER & FASTING

SEEK 2025

Hello Radiant family!

Welcome to SEEK 2025. Over the next 21 days, we are joining together as one church to fast, pray, and seek the Lord for this new year.

In this book you will find daily devotionals written by our pastoral team. We hope this will encourage you to take advantage of this season to seek the Lord everyday in prayer and through His Word. We are excited to see the Lord move in your life and in the life of our church. We are so thankful to do this together!

Matthew 6:33 "Seek first the kingdom of God, and all things will be added to you."

I am struck by the action and intent that the word "seek" embodies in this verse. Seeking is not a passive act; it requires passion, determination, and an unwavering commitment until what we are looking for becomes ours. Yet, in our lives, it's easy to become distracted, discouraged, or disconnected—often shifting our desires towards things that ultimately bear little significance.

When Spencer was a child, we lost him; even if just momentarily. For two agonizing hours, the fear and desperation were overwhelming as we searched for him. His importance was not minimized by the fact we had our three other children with us. He was missing. In those moments, my heart was driven by love and an instinct to find him. When we finally found him, as he woke up from taking a nap in his closet, God spoke a truth to my heart. We seek that which we truly value. God wants to be first in our pursuit, at the very core of our beings. He is what should matter most in our lives.

This experience reinforced my understanding that seeking God with the fervor we apply to other endeavors brings genuine fulfillment and meaning. We must discern between what distracts us and what draws us closer to our purpose.

We must authentically challenge one another to pursue the Kingdom with passion. Genuine peace and true joy rest in that pursuit. Our world is filled with distractions and competing priorities. Seeking His Kingdom first means yielding to His guiding hand, responding to His nature, and following His commands. It challenges us to trust in His heart profoundly, understanding that His plans for us far exceed our own aspirations. When we prioritize God, we open our lives to His remarkable care and provision. It is a promise that as we seek Him first, blessings will flow into every aspect of our life. This idea of surrender and trust encourages us, reminding us that we are not navigating life alone; instead, we are under the watchful eyes of a loving Creator who desires the best for us.

What or who holds first place in your life? Is there something or someone that overshadows your relationship with God? Seek God's guidance and ask Him to search your heart. Be open to what He reveals and be willing to surrender whatever may be taking priority over Him.

Isaiah 58:7a “No, what I want in a fast is this...”

In this scripture passage, the people sought God with the intention of personal gain motivated by religious duty. However, this fasting season calls for a different approach. We are called to approach God with humility, not merely to fulfill the requests of Pastor Jeff or to be noticed by others. Our motive should be rooted in humility as we come before the Lord.

During this time of prayer, reading the Bible, and fasting, it is essential to avoid falling into religious routine. Instead of seeking our own needs from God, we should seek God Himself. The purpose of fasting is to humble our hearts by denying our flesh and dedicating time to be with Him. It is important to remember that fasting is not a formula, but rather a spiritual tool that invites the power of heaven to overcome darkness and to manifest God's nature within us.

I remember a fast I participated in that was quite the journey for me. Driven by my competitive nature, I decided to take on the challenge of a 21-day water fast. At first, I was excited. But let me tell you, the first 7 days were miserable. I certainly wasn't very Christ-like during that time. My husband, trying to be supportive, gently said to me, “I think you need to change your fast or come off of it. The kids and I need you back.” That moment hit me hard. I realized how much I had been approaching this fast out of a sense of duty rather than seeking the Lord with a genuine heart. When our intention behind fasting is to seek God, honor His word, and genuinely encounter Him, the outcome is ultimately placed in His hands, not in our efforts. Fasting is a profound spiritual journey that takes us closer to the heart of God. It is a test of our fleshly desires that the enemy despises. Through fasting, we open ourselves up to the power of heaven, allowing our believing hearts to experience more of Jesus to earnestly follow Him.

So, what is your motive for seeking God through fasting? God desires to bring breakthrough in our lives, and He longs for our hearts to align with His own. He wants to express His heart to us, and He needs our hearts to be open and receptive to His leading. Meditate on Isaiah chapter 58 today.

Isaiah 34:16

“Seek from the book of the Lord, and read:”

These few words make a profound statement about the necessity of God’s Word. I’ve had a daily reading plan for several years. I admit there are times I may not understand, and there have also been times that I have read out of duty. But, there are many times the Lord meets me right in the words I am reading. Just as important, I know every word I read is truth and knowledge for every circumstance I may face today, tomorrow, and years to come. 2024 wasn’t an easy year for me. I transitioned jobs, had a heart attack, and my wife had major surgery. I depended on the presence and promises of God that I have sought in His Word to encourage and sustain me through it all.

This verse reminds us of the reliability, sustainability, and sufficiency of God’s Word. It calls us to seek Scripture for wisdom, guidance, and truth. We are reminded every promise is fulfilled in God’s perfect timing. God’s Word reassures us that He has a plan and it is perfect, even if we don’t see it. In hard circumstances or times of uncertainty, this verse encourages us to trust that God’s Word is true and it lasts forever. Let this verse inspire us to seek His presence and His promises daily through His Word.

Dear Lord, we thank you for Your Word. You are true and faithful. We thank you for your presence, provision, and promises we find in Your Word when we seek and read what you have for us every day. Amen.

DAY 4

Psalm 63:1 “O God, You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You in a dry and thirsty land where there is no water.”

In the Spring of 2022, we stood at the pinnacle of what felt like a long-awaited dream. Graduating at the top of our class in Ministry School was the realization of years of preparation, sacrifice, and prayer. Our hearts brimmed with anticipation, ready to once again pour out our lives in full-time ministry. The future felt alive with promise—doors waiting to open, prayers ready to be answered. But then, the mountain we stood on crumbled beneath our feet. Weeks turned into months, and no opportunities came. We found ourselves moving into my in-laws’ house, humbled and confused. During this time, we welcomed the beautiful gift of a baby, yet the joy was tempered by the weight of waiting. What had started as a hopeful pause turned into a desert season that stretched on and on. In the desert, David didn’t find immediate answers or relief, but he found God’s presence, which is the only thing that truly satisfies us

David writes from the wilderness, a place of barrenness and need, yet his heart’s longing isn’t for water or comfort—it’s for God. This verse invites us to recognize that our deepest thirsts are spiritual, not physical. When life feels like a desert—dry, isolating, and void of clarity—it’s easy to look to temporary fixes or distractions to quench the longing within. But David reminds us that no earthly solution can satisfy the soul like God’s presence. To seek Him earnestly, even when life feels desolate, is to admit that we are dependent on Him for life, strength, and joy. God often uses these wilderness seasons to draw us closer, to strip away distractions so we can know Him more deeply.

This verse challenges us to evaluate the focus of our desires. Do we seek God with the same intensity as David, or do we settle for lesser pursuits to fill the void? Jesus echoed this sentiment in John 7:37 when He invited the thirsty to come to Him and drink, promising rivers of living water. David’s longing points to the fulfillment we have in Christ, who satisfies our souls with His grace and love. Today, let us examine our hearts and embrace a posture of earnest seeking.

Who satisfies the deepest longings of your heart?

Psalm 34:4 “I sought the Lord, and he answered me; he delivered me from all my fears.”

Have you ever been in a moment with the Lord, whether in a worship setting or in your personal time with him, and everything else just seemed to go away? Maybe the room begins to feel different or you just feel like you are somewhere else? Seeking after the Lord is not like following a map to the “X” marks the spot. It is knowing He is always there and longs for us to commune with Him! Praise God the veil was torn!

I would be lying if I said 2024 was an amazing year for the Inman household. This year we dealt with more loss than we ever have in our lives. At times, it can be hard to move forward. Fear can creep in and begin to stop you in your tracks, yet fear is just a weapon of the enemy trying to reroute your journey with God! The more we have gone after the Lord, the more we recognize that what has been taken from us, God will redeem. Even if we can't always see the full picture!

The more we focus on Him, the more everything else seems to fade away. As I read this scripture, I thought of an optical illusion that has a black dot in the middle and a grey circle surrounding it. This is the image I get when I am focusing on God. The longer you look at the black dot, the grey around it begins to disappear and all you see is the dot with white surrounding it. God's perfect love casts out all fear. Every time we look at Him we recognize that He is so much bigger than everything we come up against and He is worthy to be praised no matter the circumstance. Just remember that God is in the business of rescuing, and salvation is just the beginning of that. He rescues us from the dominion of darkness and transplants us into the dominion of light. Everyday there is something that we are going to come up against and God is waiting for you to come to Him with all your fears so He can dissolve them.

Take time today to sit with God. What is making you fearful? Sometimes we don't want to take a risk or simply obey what He is calling us to do because we are fearful. Ask God to speak into these situations. Listen and write down what He says!

James 1:5 “But if any of you lacks wisdom, let him ask of God, who gives to all generously and without reproach, and it will be given to him.”

Sometimes asking for something is one of the hardest things to do. Instead, we believe the lie in our head saying we are a burden to this person or we are selfish for asking. I remember during college when I would go home I always found it easy to ask for some food from my parents. A lot of the time that would result in a home cooked meal and my mom telling me, “James, feel free to go grocery shopping.” To me, that meant a chance to raid their pantry and refrigerator for anything I needed or wanted. When I would leave my parents house I was so excited because I received more than I could imagine or could get on my own. When we ask God for something, He gives us what we need and abundantly more. It was so easy to ask my parents for food because I had the relationship as a son to do so. The same is true of my relationship with our Heavenly Father.

My parents were waiting for me to ask for something that I needed and they couldn't wait to give something away! When we come into the presence of the Lord, we cannot be afraid to ask for things that we need. Usually when we need wisdom we are coming up against a circumstance that we don't know where to go or what to do. God will always answer you when you come to Him asking for wisdom, because we are relying solely on Him in that moment. Look at Solomon. He didn't ask for fame. All he asked for was wisdom and now we have multiple books in the Bible because of it! We need to come to Him in desperation and vulnerability, ready to receive the generous gift of wisdom and more!

Do you have difficulty asking for things? Is it hard to receive generously? Ask the Lord today for wisdom regarding a situation in your life and then just watch all that He reveals to you!

Psalm 34:10 “The lions may grow weak and hungry, but those who seek the Lord lack no good thing.”

Lions have always been one of my favorite animals. Their size, power and intelligence have made them one of the top predators in the world. They also do not have any predators hunting them. Lions truly are the “King of the Jungle”! Yet, if food and water are scarce, they begin to grow weak due to the lack of essential nutrients needed to maintain their lifestyle. Lions don’t need to hunt everyday. They actually on average they hunt every 3-4 days. When it comes to being with God, if I were to wait every 3-4 days to talk with Him (which has definitely happened in my life), I can clearly see a difference in myself due to the inconsistency. I have seen spiritual starvation come up in my life because I have not spent time being fed by God. His mercies are new every morning and there is daily bread that the Lord is wanting to give to us. I have started asking the Lord for a word every day. Sometimes this is a word just for that day or it’s a word for the next season that He knows I am about to step into. In those moments, God is providing something for me that will sustain me longer than food alone!

God is the giver of great gifts. Just as any good father would do for his child, God wants to provide for us with exactly what we need in order for us to prosper in life. Afterall, His name is Jehovah Jireh! The Lord will provide! We need to know that when we seek after God, He is going to answer with something good. Granted, it may not be exactly what you had expected it would be. He knows us better than we know ourselves, so He knows what we need before we do. The scripture that also comes to mind is James 1:17. It states that every good and perfect thing comes from above. God will not give you something bad. Yes, there may be seasons of testing but it is all for a GOOD purpose. Know that God is good all the time and all the time God is good. Those who trust and seek God will always be cared for and lack nothing. First things first, SEEK HIM!

What is it that you are in need of? Unity in your family, guidance, peace, joy? Seek and ask of Him and you will soon notice that you are lacking no good thing!

1 Chronicles 16:11 “Look to the Lord and his strength; seek his face always.”

Storms in life are inevitable. I have heard it said that all of us are either in the middle of a storm, coming out of a storm, or are about to go through a storm. We all are facing difficult times, have faced difficult times, or will face difficult times in the future. I am not saying these things so that you will lose heart. On the contrary, difficult times give our faith muscles an opportunity to grow in strength. It is impossible for our faith to grow without us being challenged.

When I think about this verse, I am reminded of the story of Peter walking on water (Matt 14:22-33.) Jesus called Peter out of the boat and to come to Him in the middle of a storm. As Peter kept his eyes on Jesus he walked on water, but when he took his eyes off Jesus he sank. One may criticize Peter for taking his eyes off Jesus and focusing on the storm, but what faith Peter had to even get out of the boat! Like Peter, Jesus is calling all of us to go to deeper places with Him. As we face storms in life, we will be tempted to take our eyes off Jesus and to focus on our circumstances. Here is the beauty of it all: Jesus is strong enough to lift us out of the waves because His strength is made perfect in our weakness. When we are weak, He is strong (2 Corinthians 12:9-10)! All our strength comes from the Lord. In times of strength and weakness, seek His face always, Fix [your] eyes on Jesus, the pioneer and perfecter of faith (Heb 12:2).

Where do you need God’s strength in your life right now? What boat is Jesus calling you out of? What would it look like for you to step into deeper places with Jesus? Ask God to reveal any place in your own life where you have taken your eyes off of Him.

Lamentations 3:25 “The Lord is good to those who wait for him, to the soul who seeks Him.”

I really don't like waiting. The idea of standing in line for hours or showing up early just to wait has never appealed to me. Black Friday sales? I'd rather stay in bed! In today's fast-paced culture, waiting feels unnatural for many of us. We're constantly urged to move faster, achieve more, and find instant solutions to our problems. Scripture, however, invites us into a different rhythm—one of patience, trust, and surrender. Lamentations 3:25 reminds us that “The Lord is good to those who wait for Him, to the soul who seeks Him.” Waiting on the Lord is a deliberate act of faith; a choice to trust His timing over our own knowing His plans are always for our good and His glory.

When we resist the urge to rush ahead of God and instead slow down to seek Him, we create space for God to work in ways we cannot yet see. Seasons of waiting are not wasted; they are often where God does His deepest work within us. Isaiah 40:31 says, “But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.” This promise assures us that when we rest in God's timing, He renews our strength and equips us to endure. Waiting is not passive but an active trust in God's timing, wisdom, and goodness. It is a declaration that His plans and purposes are worth more than our impatience.

If you find yourself frustrated by delays or unanswered prayers, remember that waiting is not God withholding His goodness from you but preparing you to receive it. Resist the pull of a hurried culture and lean into God's promises. Slow down to the pace of creation and seek Him through prayer, worship, and scripture; allowing the Holy Spirit to strengthen and guide you. Trust that His timing is perfect and that He is working all things together for your good. In the waiting, God reveals His faithfulness, His goodness, and His unchanging love.

Take a deep breath. In fact, do it a couple more times. He is closer to you than you think! He longs to simply sit with you and talk. Spend time today just waiting on Him.

DAY 10

Psalm 119:2 “Blessed are those who keep his statutes and seek him with all their heart.”

This verse speaks to me in my own obedience and devotion to God. It is my desire that I humble myself, do what God asks me to do, and give Him my whole heart. I've spent way too many years of my Christian life walking in disobedience and half-heartedly concerned about my relationship with God. I was missing the blessings of God and instead became unfruitful, and uninspired. But now, by the grace of God and the power of the Holy Spirit I am able to seek Him with all of my heart!

This verse gives us a connection between the blessings that come from obedience to God's Word and a wholehearted devotion to Him. To “keep his statutes” is to live out His commands, demonstrating trust in His wisdom. The psalmist points out that it brings blessings and not a burden. It's not only keeping His commands, but also living a life fully devoted to Him. Blessings are found in the intimate relationship we have with God by seeking Him with our whole heart and by having deep love for His presence and His Word. Seeking God wholeheartedly means aligning every aspect of our lives with His will. We must prioritize our relationship with Him above all else. This verse calls for us to examine our own hearts.

I want to challenge you to simply ask God what is it He has for you to do, and then do it. Take time today to examine your heart. Is it fully devoted to God? If not, what changes can you make to prioritize God in your life today?

Psalm 37:4 “Take delight in the Lord, and he will give you the desires of your heart.”

Delight is a feeling of great pleasure, happiness, or satisfaction. We often seek pleasure, happiness, and satisfaction from various places in this life: wealth, our spouse, family, friends, sports, work, hobbies, etc. But none of these will ever truly and completely satisfy us. None of these are terrible things to pursue. But if we make these things the sole focus of our life and existence, they will just leave us empty and wanting more. To take delight in the Lord is to find your greatest pleasure, happiness, and satisfaction in Him and His presence. We were made by God. We were made for God. And we will only be most satisfied in God!

Delighting in God comes with a promise: He will give us the desires of our heart! We all have things that we are longing and praying for, and God loves to answer our prayers! He’s the Great Giver of all good things! But the greatest gift that God could ever give us is Himself.

Did you know that God also delights in us? “The LORD your God is with you, he is mighty to save. He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing” (Zeph 3:17). “The Lord delights in those who fear him, who put their hope in his unfailing love” (Ps 147:11). As we delight in the Lord, we begin to find that the greatest desire and longing of our heart is to be with the One who already delights in us, forever and ever!

God is most glorified in us when we are most satisfied in Him. Ask God to reveal any idols in your life that are distracting you from taking your utmost delight in Him. List the desires of your heart. Pray about these things with confidence! Take a few moments to tell God how much you love Him and for Him to reveal to you how much He loves you!

Jeremiah 29:13 “You will seek me and find me when you seek me with all your heart.”

Have you ever lost something valuable to you like a wedding ring or your phone? How long did it take for you to feel desperate? I once lost my sunglasses. While they’re not as valuable as, say, a wallet, I really needed them because I wasn’t going to leave the house without them in the middle of summer in California. The sun was too bright for me to drive without them. I thought I had looked everywhere but just couldn’t find them. It wasn’t until I was about to give up that a still, small voice said, “Look in your backpack one more time.” When I did, I found them tucked away under a pile of papers. In my rush, I hadn’t dug deep enough. I was desperate to find those sunglasses—how much more desperate should we be to seek God? Our verse today challenges us to seek God with all our hearts. We can’t just casually seek God here and there and expect to find Him. You might say, “Well, I go to church on Sundays.” That’s a great way to seek God together with the body of Christ, but don’t you long to have that connection every day? God is so much bigger than we can understand, and there are aspects of Him that we will only discover when we live our lives fully devoted to seeking Him daily.

The beautiful thing about God is that He wants to be known! As this scripture says, “You WILL seek me and FIND me.” God wants to be found, but it’s on us to seek Him. God’s Word says He is the Prince of Peace. Have you ever been restless, sought Him, and received His peace? He is the Wonderful Counselor—have you ever needed wisdom, called on Him, and gained revelation for your situation? God has so many characteristics He is ready to reveal to you, but only if you seek Him.

What do you need today? What do you know to be true about God? Who do you need Him to be for you today? These are questions worth pondering. If you need wisdom, ask God for wisdom today. Do you need grace? Ask Him. Peace, joy, love, mercy, forgiveness, provision—seek Him, and you will find Him!

Psalm 119:45 “I will walk about in freedom, for I have sought out your precepts.”

I remember a time when I broke one of my dad’s tools. I carefully hid the broken tool attempting to stay out of trouble. My dad would look for it and blame himself for misplacing the much needed tool. I remember thinking I was home free. But, I also remember how I felt every time he looked for that tool. I carried the burden of knowing I had done wrong and he was blaming himself. What I thought was getting off free to possibly avoid a much deserved punishment, was really being in bondage of shame and guilt. I didn’t confess to my Dad until some 20 years later, only to find out he had found the broken tool the very next day. I suppose as an adult in my 30’s I did escape the initial punishment. But actually I placed myself in a much worse punishment of years in a prison called guilt.

True liberty comes from living according to God’s Word in obedience. The word obedience may have us to think more about being restricted than to think about freedom. In God’s Kingdom the boundaries of His precepts are not restrictive chains but protective barriers guiding us. Freedom isn’t about doing whatever we want, but about living according to God’s design and purpose. In seeking God’s precepts, we find true direction in life, strength in the hard times, and peace in trusting God. When we commit to seeking God’s Word, we are released from bondage of guilt, shame, and fear allowing us to live in true freedom with purpose. God’s precepts will help keep us from carrying burdens we were never made to carry; releasing us from the weight and setting us free.

Today, let this verse encourage you to examine the areas of your life where God’s Word can bring freedom. I challenge you to commit to read God’s Word, seek out truths, and apply God’s precepts. You will find true freedom that brings peace, joy, and righteousness.

DAY 14

Psalm 9:10 “For everyone who knows your wonderful name keeps putting their trust in You. They can count on You for help no matter what. O Lord, You will never, no never, neglect those who come to You.”

We needed a new car—something reliable, worth the money, and with good gas mileage. After researching, we knew Toyota would be a good fit. Over the years, they’ve proven to be reliable and low-maintenance. After talking with people around us, we kept hearing the same thing: Toyota is dependable, and if you maintain one well, it will last for years. Isn’t it funny how we didn’t need to drive that car for years to know it was good? The name Toyota was already associated with reliability, even before we had personal experience with it. The brand made a name for itself and we trusted it because of its proven reputation.

Isn’t that just like God? Let’s read our Scripture again: “For everyone who knows Your wonderful name keeps putting their trust in You.” We know things about God to be true because He is the same yesterday, today, and forever. He consistently shows up and proves His faithfulness. He will never fail us! Even when His ways differ from what we hoped or expected, He is still for us and not against us.

The verse continues: “They can count on You for help no matter what.” God wants to help us even more than we want His help. He knows exactly what needs to happen for things to work perfectly—practically, spiritually, physically, or emotionally. When we put our trust in Him, seek Him, and pray, “He will never, no never, neglect those who come to Him.” He will not leave us alone, no matter what. God isn’t scared of what we bring to Him, and He will never run away from us. He is always there.

Thank You, God. We praise You for never leaving us alone. You are our strength and help in times of need. You are our refuge when we are weak. Thank You for pulling us out of deep waters and placing us safely in Your care. You are trustworthy, and we don’t have to doubt who You will be tomorrow. You are the same yesterday, today, and forever.

Psalm 27:4 “One thing I have desired of the Lord , that will I seek: that I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord, And to inquire in His temple.”

Before Esther and I got married, we sat down to decide what we wanted our marriage to be about. We prayed and talked through our passions and desires, seeking to define the foundation of our life together. We landed on Psalm 27:4: “One thing I ask from the Lord, this only do I seek: that I may dwell in the house of the Lord all the days of my life, to gaze on the beauty of the Lord and to seek him in his temple.” This verse summarizes so much of what we long for in life. We want everything we do—our words, actions, and even the dreams we chase—to flow out of an overflow of living in God’s presence. More than anything, we want our lives and marriage to be marked by this one thing: living daily in communion with Him in His presence.

Matthew 6:22 adds an important dimension to this focus. Jesus says, “The eye is the lamp of the body. If your eye is single, your whole body will be full of light.” This verse reminds us that clarity, peace, and purpose come when our attention is undivided. When our focus is solely on the Lord—when our “eye is single”—everything else begins to align. Distractions and anxieties lose their grip, and our lives become filled with His light. Together, Psalm 27:4 and Matthew 6:22 challenge us to live with intentionality, continually aligning our desires and attention with what truly matters: a life centered on God.

These verses aren’t just theoretical—they are a daily guide for how we must live. Whether in the joys or challenges of life, we’ve found that when we make God the “one thing” we seek, everything else falls into place. That doesn’t mean life is without struggles, but it does mean we have a clear path to peace and purpose, even in the chaos. If you’re feeling overwhelmed or distracted, take a moment to ask yourself: where is my focus? Are you gazing daily on God’s beauty, or has your attention been pulled in other directions? As you fix your eyes on Him, His presence will fill you with light, clarity, and the strength you need to flourish in every area of life.

Spend five minutes today simply setting your attention on Him. Watch how it changes your day.

Proverbs 24:14 “Know that wisdom is sweet to your soul; if you find it, there is a future hope for you, and your hope will not be cut off.”

Growing up, mornings in our home always began with the book of Proverbs. My parents would gather us before school, read a few verses, and remind us to talk with God throughout the day. “Ask Him what these words mean,” they would say. They taught us to seek wisdom—not just knowledge. The kind of wisdom that comes from walking closely with God. They showed us the value of seeking counsel from people who loved Him and trusted that His wisdom would guide us through life’s challenges. Looking back, I realize those moments were seeds of hope planted in me that have helped me navigate the hardest seasons of my life.

Proverbs 24:14 reminds us that God’s wisdom is like honey—sweet, life-giving, and satisfying to the soul. It isn’t something that comes naturally or is gained by chance. Wisdom must be sought with intention; through prayer, study, and an open heart. But when we find it, it transforms how we live and view the world. Wisdom from God gives us clarity in confusion, strength in trials, and hope for the future. It reassures us that no matter what we face God is in control, and His promises remain firm. Proverbs 2:6 adds to this by reminding us where wisdom originates: “For the Lord gives wisdom; from His mouth comes knowledge and understanding.” God Himself is the source.

Take a moment today to reflect on where you are seeking wisdom. Are you leaning on your own understanding, or are you inviting God to guide your thoughts and decisions? Spend time in His Word, and ask Him to teach you what it means to walk in His wisdom. Just like my parents taught me, talk to Him throughout your day and listen for His voice. He promises to give wisdom generously to those who ask (James 1:5).

Jesus, I ask for Your wisdom in every area where I fall short. Holy Spirit, guide me to lean on You fully. Amen.

DAY 17

Matthew 7:7 “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.”

I admit...I don't like to ask for help! I don't want to trouble others, create a burden, or even draw attention to myself. I am challenged by these verses. Do I feel the same way about God? Am I holding back because I am concerned of burdening Him or afraid to admit weakness? Recently, I rented a lake house for a short vacation. I happen to have multiple dear friends that have lake houses. When they found out that I rented a place, they all wanted to know why I didn't call them to use their house? My answer was: I didn't want to ask. I missed blessings by not asking. Distractions and taking the easy path often hinder my seeking. My lack of persistence and endurance may be keeping doors closed. God knows me better than anyone in the world. He knows my desires, my pains, and even my deepest anxieties. He meets me right where I am offering mercy, grace, and love. With God, I have no reason to hold back. He invites me to ASK, SEEK, and KNOCK.

This verse reminds us to “ask”, which demonstrates our dependence on God by humbly presenting our petitions to Him. This verse reminds us to “seek”, which is to pursue God in our relationship with Him by prioritizing our life to place Him first above all else. This verse reminds us to “knock”. Remaining persistent as we trust God's perfect ways and timing, even when we may not see or feel that answers are coming. To Ask, Seek, and Knock are three actions that call on our faith and trust in our Heavenly Father. This verse encourages us to come boldly to God. He will respond in His perfect will to open doors to the best life for us in Christ Jesus!

I just want to challenge you to humbly ask, wholeheartedly seek, and persistently knock. God is inviting all of us to do so today!

Psalm 34:14 “Turn from evil and do good; seek peace and pursue it.”

Reading today’s scripture reminds me of 2020. I don’t need to remind anyone about what happened that year, but just to put you on the same page: COVID. The world seemed completely out of control. It felt like a tornado had hit, and no one knew what was going on. Vaccine or no vaccine? Stay home or gather outside? Masks or no masks? There were so many differing opinions that peace was hard to find. Anger took over, and people fought about who was right.

Today’s scripture is very clear: “Turn from evil and do good!” It sounds simple, but if it were, our world would be a much different place. Yet, in another sense, it is simple: stop doing what is wrong and start doing what is right. Thank God for the Holy Spirit, who guides us into all truth.

The second part of the verse says, “Seek peace and pursue it.” The word peace here comes from the Hebrew word shalom, which means completeness, welfare, safety, health, prosperity, quietness, and friendship—with both God and others. It’s so much more than just the absence of chaos. How do we get this peace? By placing our worries, fears, and anxieties in God’s hands and trusting Him. It reminds me of the children’s song, “He’s Got the Whole World in His Hands.” God is in control, and He’s got this!

To pursue peace, we must understand that God is its source. When we do, life becomes less of a burden and more of a beautiful journey.

What do you need to turn away from to do good? What do you need to lay at Jesus’ feet to pick up His peace? Take some time to exchange anything in your life that is not from Him for His perfect peace—His shalom.

Amos 5:4 “For thus says the Lord to the house of Israel, “Seek Me that you may live.”

Seeking God is not just about getting what we want or finding solutions to our problems. It is about experiencing His presence and being transformed by His love. When we seek God, we are demanding that the injustices of the enemy be confronted and overturned by the love and power of God. The process of seeking God releases the nature of God in us and the victory of God for us. For example, In the midst of brokenness, when our hearts are shattered into pieces, seeking God becomes our lifeline. Through intimate connection with Him we find comfort, compassion, and healing. His nature has the power to mend what is broken inside of us. What was done to us was wrong, but what God does in us overcomes the wrong. When the enemy tries to wreak havoc in our lives, seeking God becomes our weapon. As we bring our situations before Him, He responds with His mighty power: confronting the enemy and bringing about breakthrough first in our hearts.

I recently went through a season where I woke up every night to spend time with God; specifically praying for a family member going through a difficult time. As I poured out my heart to Him, peace instead of worry began to overflow into my life. I realized that my time with the Lord was more precious to me than the outcome I was praying for. I had found a deep love for simply being in the presence of Jesus in the middle of the night. For three years I prayed for this person. I recall the day I received a phone call that brought tears of joy to my eyes. Breakthrough had come for the one I was praying for. Not only was the injustice of the enemy made right, but The Lord had truly become my best friend. To seek God is to live. It is to discover the source of life and to experience transformation. It is to see the power of God overcome the enemy. Above all else, it is to cherish intimate connection with Jesus. Miraculous breakthrough comes when we seek God with all our hearts.

What needs to come to life? Is it a relationship? Is it your health? Has a loved one who has gone astray and need return to The Lord? Do you need financial provision? Are you dealing with anxiety and depression? What’s your heart condition? Instead of solely focusing on the breakthrough you desire, why not pursue a deeper connection with God himself? Let the encounter with him be more profound and transformative than any breakthrough you seek.

Hebrews 11:6 “And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.”

Even after I placed my faith in Christ, there were times in my life when I believed I struggled to please God. I felt like I had to earn grace and His love. But that is not how God works. The beautiful thing about faith is that, in Christ, God is already pleased with us! We have placed our faith in Jesus Christ and the blood that He shed. Our sins and shortcomings have been cast as far as the east is from the west, (Ps 103:12). And, as if that wasn't enough, they have also been cast to the depths of the sea. (Mic 7:19) God loves us with the same love that He has for Jesus (John 17:23)! God is crazy about us and He is already longing for us to come close to Him! We already have His attention!

This verse reminds us that believing that God exists is wonderful, but it's not enough. Even the demons believe and tremble in terror. (James 2:19). We come to God with a holy fear, yes, but not fear of chastisement or condemnation or rejection. Scripture says, “For there is now no condemnation for those who are in Christ Jesus” (Rom 12:1). In Christ, there is nothing we can do to make God love us less, and there is nothing we can do to make God love us more. God is already crazy in love with us, and He wants to reward and bless us. Like a good Father, God desires to give good gifts to His children. Matthew 6:9-11 reminds us, “You parents—if your children ask for a loaf of bread, do you give them a stone instead? Or if they ask for a fish, do you give them a snake? Of course not! So if you sinful people know how to give good gifts to your children, how much more will your heavenly Father give good gifts to those who ask him”.

Do you often feel as if you struggle to earn grace, love, and approval from God? Recognize that if you have placed your faith in Christ Jesus, God is already pleased with you. He wants to reward you for seeking him. Enter his presence! He is waiting for you! Take a moment to rest in these truths! Ask God to give you a picture or description of what you look like in his sight.

Isaiah 51:1 “Listen to Me, you who pursue righteousness, who seek the Lord: Look to the rock from which you were cut, and to the quarry from which you were dug.”

There is a powerful scene from the Lion King where Rafiki looks at Simba and encourages him saying, “Remember who you are!” So many times the trials of life can affect us in ways we don’t even notice, yet there is always the reminder of what God has done for us. We know that the Israelites had their issues of inconsistency with the Lord but they are His people and God is always looking out for those in His family.

Through the years of being a Christian and seeking after God, I have learned so many things about how faithful He is and where He has brought me from. But I have also learned that life has a way of taking a toll on us. It is easy to get discouraged in the world today because the way society has trained us to be at times. We live in a microwave society that puts a demand on results and not so much on patience. I have been at spots in my life where I have tried to morph this view of society and connect it in a way with what scripture says. It is so easy to get impatient with prayer requests that aren’t answered in our timing. Sometimes it takes a “Listen to Me” statement from God to get your attention.

I believe this scripture is God calling us to look back at what He has done. Just as He was telling the Israelites to remember where they came from, all the way back to Abraham. One of the greatest things you can do when you are waiting for God to answer something, is to look back on your life and see where He has moved before. This builds faith within us because we start to remember and believe that what He has done before, He can certainly do again!

Begin to look back at the things God has spoke into your life before. If you are waiting for breakthrough right now, begin to tell Him, “Lord I trust in your timing and know that since you have done big things before, you will do them again!” Lord we thank you for your faithfulness and the reminder of how far you have brought us!

SCRIPTURES ABOUT FASTING

Blessings of Fasting:

Isaiah 58:8-9, Luke 2:37,
Nehemiah 1:4, Daniel 9:3

Corporate Fasting:

Joel 2:12, Acts 13:2, 1 Samuel 7:5-6

Preparing to Fast:

2 Chronicles 20:3-4 Ezra 8:21-23,
Mark 11:25, Luke 11:4, Romans 12:1-2,
Nehemiah 9:1-3, Jonah 3:5-10
Esther 4:16, Samuel 7:3

Daniel Fast:

Daniel 10:2-3, Matthew 9:14-15

Fasting Do's:

Matthew 6:16-18, Romans 12:1,
Matthew 6:33, Mark 9:29,

Fasting Don'ts:

Isaiah 58:6, Luke 4:1-13,
Matthew 6:16-18, Luke 18:9-14

TYPES OF FASTING

Juice

Social Media

Water

Partial Fast
(sun up - sun down)

Daniel
(fruits and vegetables)

Comfort Fast
(Netflix, fast food, caffeine, sugar)

The type of fast that you ultimately choose should be what you feel the Lord is leading you to commit to for these 21 days. Keep in mind the goal of comfort fasting is to allow space for your hunger to drive you to God, and to not satisfy ourselves with other things. Be intentional about your fast and push yourself out of your comfort zone.

Juice Fast

In this fast, abstain from food and only drink water and 100% juice for a period of time. Drink mildly acidic or non-acidic fruit juices such as apple, grape, peach or pineapple juice, which are excellent sources of natural and necessary sugar to stabilize blood sugar and keep energy levels up. Raw vegetable juices such as carrot, celery, beet or green vegetable juice combinations are excellent as well. (100% VEGETABLE JUICES ONLY, without added sugars, salt or preservatives such as V8 Juice). You can do normal daily activities on a juice fast.

Water Fast

This type of fast is abstaining from food and only drinking water for a period of time. Drink plenty of water, at least half your body weight in ounces of water per day (example: 150lbs = 75 oz./day). Distilled water is most beneficial, but filtered and purified water also works well. A water-only fast is, by far, the most difficult fast due to the detoxification process that the body goes through and the lack of energy that is experienced as a result of not eating.

Daniel Fast

This is a partial fast that provides many attributes to the idea of denying self and seeking God, but with less discomfort than a juice or water fast. Here are some guidelines for a good Daniel Fast:

Foods to eat: Fruits, vegetables, whole grains, nuts, seeds, legumes, 100% juice, natural oils, and water.

Foods to avoid: Meat, dairy, all natural and artificial sweeteners, all leavened breads, refined and processed foods, fried foods, solid fats, coffee, tea, alcohol, and carbonated beverages.

Comfort Fast

Fasting from comfort items is a great option if fasting is a new experience for you or if you have any health limitations regarding food-based fasts. If you feel led to participate in this way, here are some ideas of things you can fast from:

- Electronic Entertainment
- TV Shows, Movies, Netflix, Hulu, Video Games, etc.
- Social Networking Apps or Sites: Facebook, X, Instagram, etc.



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